

Be in Touch  
SAFER AND SANER KIDS

TALKING  
TO YOUR  
T(W)EEN



Be in Touch  
EDUCATE CONNECT PROTECT



# HOW TO MAKE YOUTUBE SAFER FOR T(W)EENS



FOLLOW

LIKE

You  
Tube



# YOUR T(W)EEN WANTS YOUTUBE?

- YouTube requires users to be 13
- Use YouTube Kids app for 12 and under
- Know that -
  - There is lots of inappropriate content
  - It is a time suck
  - It can be addictive
  - It can promote unsafe behaviour
  - Kids are targetted by ads
  - It can affect sleep
  - It can create a false sense of reality
  - It's a site for online bullying

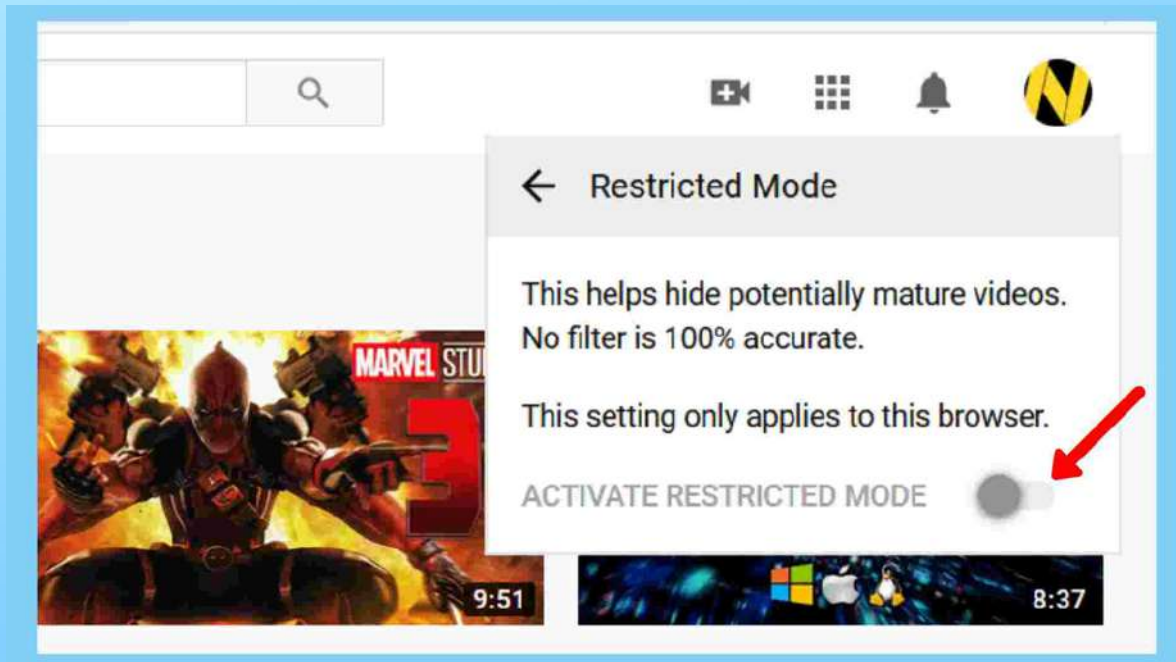
# YOUR T(W)EEN HAS YOUTUBE?

- **Know** your t(w)eens's YouTube log-in and profile and get involved!
- **Talk** to them about -
  - setting time limits
  - thinking before they upload or comment
  - deleting and blocking nasty comments
  - always protecting personal information
  - question what they see and hear
  - how YouTube makes them feel!
- **Help them make it safer by changing settings...**



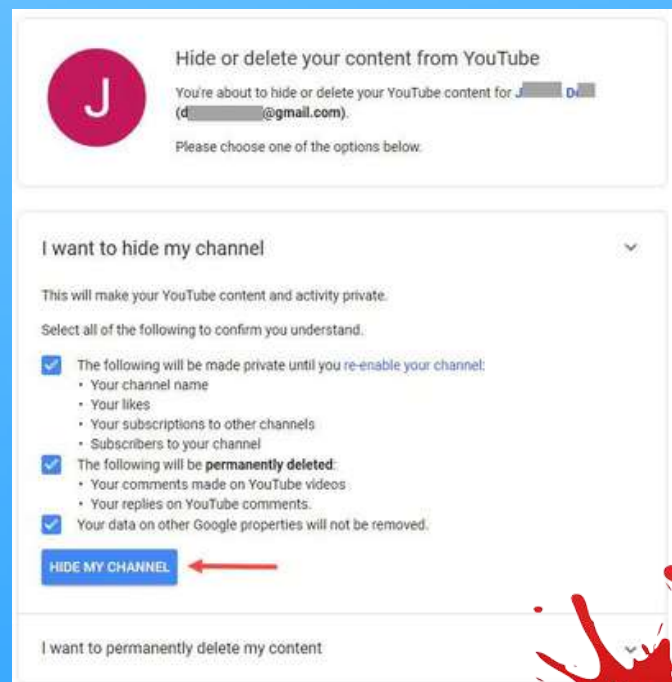
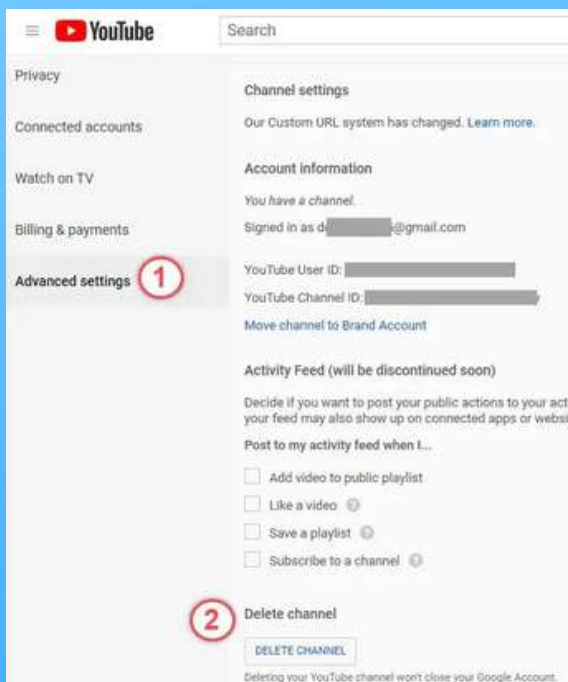
# 1

## ENABLE RESTRICTED MODE



# 2

## MAKE PROFILE PRIVATE



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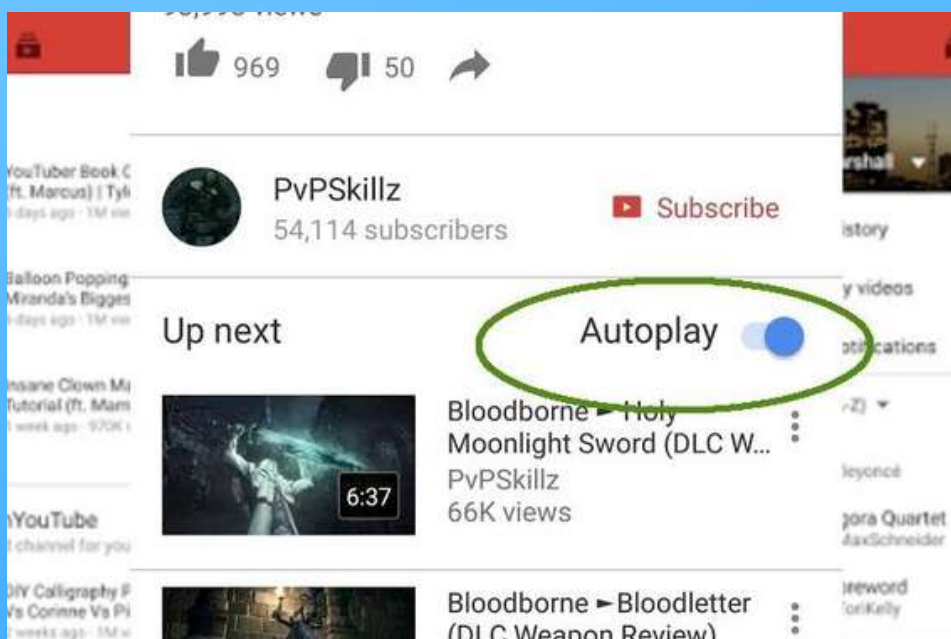
3

## BLOCK & REPORT



4

## TURN OFF AUTOPLAY



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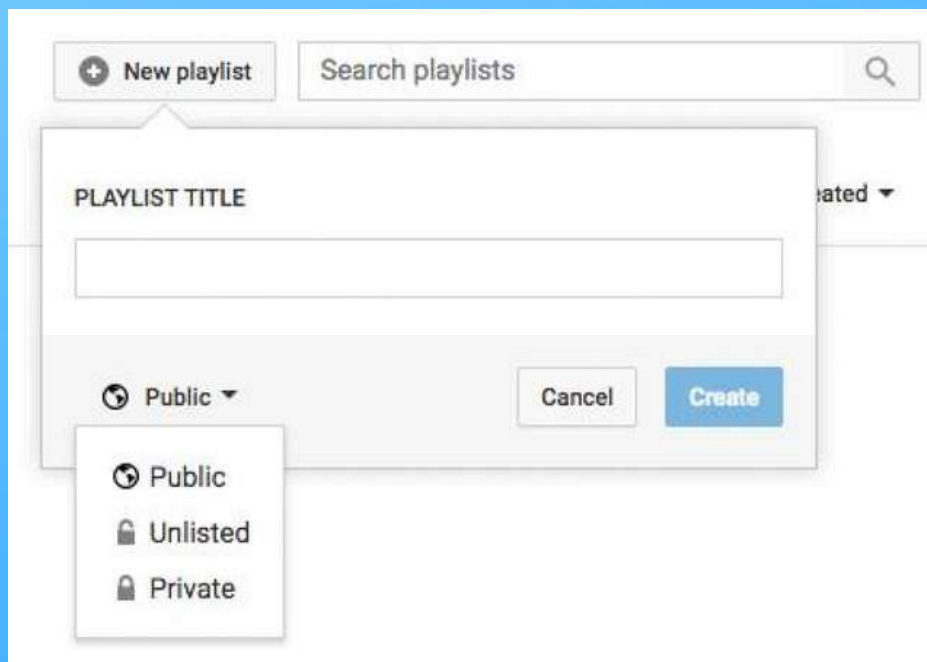
5

## CURATE CONTENT TO BEAT ALGORITHMS



6

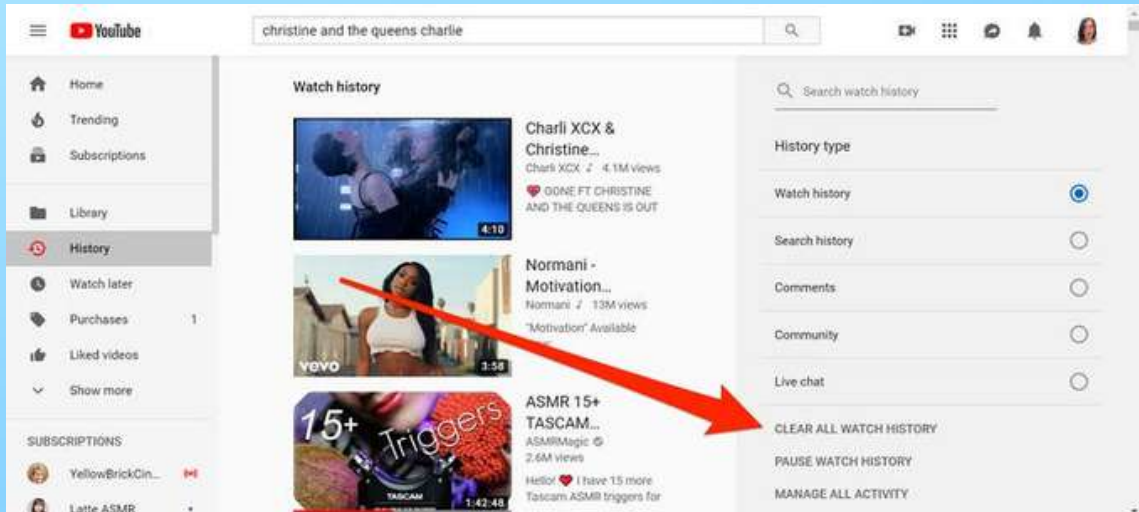
## CREATE PLAYLISTS





7

# CHECK & MANAGE HISTORY



8

# LIMIT ADVERTS

**YouTube Premium**

YouTube and YouTube Music ad-free,  
offline and in the background

[TRY IT FOR FREE](#)

2-month free trial • Then ZAR 71.99/month

We'll remind you 7 days before your trial ends  
Recurring billing • Cancel at any time

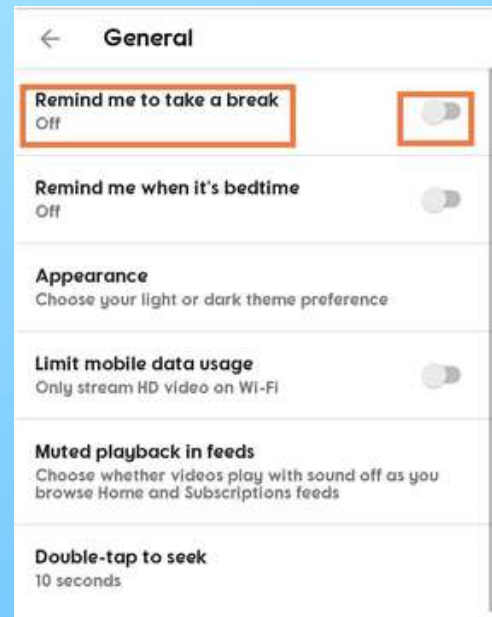
Or save money with a family or student plan

Restrictions apply. [Learn more here.](#)



# 9

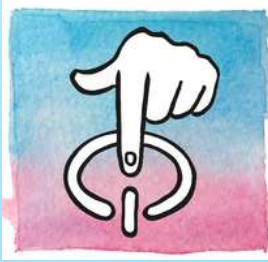
## SET LIMITS



## WHAT NEXT?

- Agree family tech rules
- Chat to your t(w)een about their online life
- Install a parental control
- Keep devices OUT of bedrooms at night
- Keep checking in and checking up
- Talk, talk, talk to your t(w)een!





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**SAFER AND SANER KIDS**



**Check out the Be in Touch website  
for more resources to help  
keep kids safer and saner online!**

**www.beintouch.org.za info@beintouch.org.za**

**Kate 0828829189**

